

*“Whoever is thirsty,  
let him come; and  
whoever wishes, let  
him take the free gift  
of the water of life.”*

Revelation 22:17

### Is *CrossCurrent* for Me?

If the following statements describe your vision for hope and healing, you may want to consider participating in *CrossCurrent*:

- A desire to deepen your relationship with Jesus Christ
- A desire to learn about your longings and desires, your true needs.
- An openness to learn more about who God says you are and what He intended for you as His son or daughter.
- A willingness to face the sinfulness of your present state and the painful realities that led you there. This involves exploring hurts from your past.
- A willingness to be open and honest with others about your brokenness, as well as issues of identity and emotional immaturity.
- A willingness to receive the healing ministry of the Holy Spirit in these deep areas.
- A desire to grow in your relationships in the body of Christ.

### When Do We Start?

Our *CrossCurrent* program is 12-weeks long on Monday nights from 7:00 p.m. to 9:30 p.m. at Maple Ridge Community Church. We will begin January 19th, 2009, and end on April 13th, 2009. Each week will consist of worship, teaching, healing prayer and small group interaction. There will also be homework and reading assignments for further study during the week.

The cost of the program is \$75.00 (payment plans and scholarships are available). Please request an application by contacting the Maple Ridge Community Church Office. Submitting an application does not guarantee your admission into the program. All applications will be considered on a first-come, first-serve basis. After we receive your completed application, we will contact you for an in-person interview.

***Applications are due by  
Sunday, January 4th, 2008.***

*CrossCurrent is offered under  
the church covering of*



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**A Christ-centered  
discipleship group  
for those seeking  
truth and grace in  
their relationships  
and sexuality.**

***A Ministry  
of Pastoral Care at  
Maple Ridge Community Church***

## What is *CrossCurrent*?

*CrossCurrent* can help one to begin to identify his or her true need. It also challenges one to examine their relationships through the hope found in Jesus. Healing has occurred for many through identification of needs and healing prayer, as well as through choosing to draw near to the Lord and to others in the body of Christ. It is an ideal group for anyone who desires to pursue healing for his or her relational and sexual brokenness. *CrossCurrent* provides a safe, confidential environment for men and women to share honestly in a small group setting.

## How is *CrossCurrent* Presented?

*CrossCurrent* is a twelve lesson program taught in a closed-group format. The leaders have been trained and a confidentiality policy is in place to help ensure trust and safety in the group. Each meeting includes:

**WORSHIP:** *We focus our attention and praise on God rather than on our problems.*

**THE WORD:** *CrossCurrent teachings combine biblical truths and psychological insights that help us to know God and ourselves better.*

**THE WORKS OF JESUS:** *Through healing prayer in large and small group settings, we invite the Holy Spirit to heal our various wounds. We bring our sins, and those committed against us, to the Lord who is faithful to set us free.*

## What Will I Learn?

**LISTENING TO GOD:** In the building of a relationship, we must get to know one another. In our relationship with Christ, He is the Good Shepherd who says, “I know My sheep and My sheep know Me... My sheep listen to My voice, I know them and they follow Me...” John 10:14, 27

**UNFAILING LOVE:** The greatest need for the human heart is the need for love—to be loved, and to be free to love others. In order to be whole human beings, we must be able to receive and release love.

**GETTING REAL – JESUS AND THE REAL SELF:** Who am I? It’s as if we are looking in a series of mirrors that reflect back glimpses of self but not the whole picture. The whole picture requires relationship with the master designer Himself.

**THE CROSS AND THE FALSE SELF – GETTING SAVED:** It means crying out for the Savior because we’ve finally realized we can’t save ourselves. Saved from what? The power of our separateness from love - the love of God and of others.

**GETTING CLEAN – THE CROSS AND CONFESSION:** To be clean means talking about those things we’ve done in the past or that we’re still doing in the present that deaden the image of God in us and others.

**GETTING HEALED – HOW JESUS ON THE CROSS BEARS OUR WOUNDS:** Jesus came that we may have life and have it abundantly. So what inhibits us from knowing freedom? Lies we believe about ourselves, past experiences of rejection...He can bear it all.

## GETTING HEALED – BRINGING OUR WOUNDS TO THE CROSS:

“Surely He has borne our grief and carried our sorrows...” Isaiah 53:4 Christ alone can carry the weight of our pain. He died not only for our sins, but those committed against us.

**GETTING HEALED – FORGIVING OTHERS:** Forgiveness is a significant step in the healing process. As we forgive our captors, it releases our hearts to be healed from its wounds. Forgiveness is an essential step to healthy relationships.

**BECOMING SECURE IN THE FATHER’S LOVE:** We behold Jesus Christ’s act of love on the cross, and allow its power to change our hearts. “This is love: not that we loved God, but that He loved us and sent His Son as an atoning sacrifice for our sins.” 1 John 4:10

**LOVING OTHERS:** Secure in the Father’s love, we can love others. God enables us to love others in a way that is different than the world. “Friends, since God so loved us, we also ought to love one another...” 1 John 4:11

**BEYOND BROKENNESS:** For some of us, the prospect seems incredible. We are more aware of what’s wrong rather than what’s right about ourselves. So how do we live more true to our true identity rooted in Christ.

**DECLARING HIS FAITHFULNESS:** Opportunity to celebrate God’s love through worship, communion and testifying of His work in our hearts.